

Intermediate Dance Portfolio Projects

Freshman Year

- Persuasive Letter to school board: Importance of Dance/Arts programs in public schools– Due September 24th
- Anatomy/Kinesiology for Dancers Paper – Due October 23rd
- Famous Choreographer Research and Choreographer Project – Due November 25th & 26th
- Critique of a live performance – Due February 13th
- 1st Dance Teaching Lesson Plan – Due March 13th
- Portfolio Reflection – Due May 22nd

Sophomore Year

- Article for local newspaper/magazine/Letter to the Editor: A student's perspective/voice on the role of dance/arts as part of a well-rounded education and in preparation for college/careers – Due Sept. 24th
- Nutrition/Balanced Body Analysis – Due October 23rd
- Historical Dance Research and Choreography Project – Due November 25th & 26th
- Critique of a live performance – Due February 13th
- 2nd Dance Teaching Lesson Plan – Due March 13th
- Portfolio Reflection – Due May 22nd

Junior Year

- Persuasive Article/Letter – Topic of Choice related to Dance Education/Training – Due September 24th
- Pilates, Physical Therapy, or Dance Science/Somatics Careers: Explorative Essay– Due October 23rd
- Cultural Dance Research and Choreography Project – Due January 24th
- Critique of a live performance – Due February 13th
- 3rd Dance Teaching Lesson Plan– Due March 13th
- Capstone Project Reflection – Due May 22nd
- Portfolio Reflection – Due May 22nd

Senior Year

- Letter of Intent to future employer, college, pre-professional program and comprehensive resume–Due September 24th
 - Optional/Extra Credit (5 points): Dance Photos of yourself
- Critical Essay/Article (dance science/somatics/important issue related to Dance for publication in a student dance journal) – Due October 23rd
- Critique of a live performance – Due February 13th
- 4th Dance Teaching Lesson plan – (4 different age groups/styles in total) – Due March 13th
- Capstone Project Reflection – Due May 22nd
- Summative Portfolio Reflection – Due May 22nd
- Dance on Film Final choreography project – Due June 6th

Junior Year and Senior Year Capstone Projects (At least one is required for your Junior Year and another for your Senior Year. Consider doing an additional project each year for a well-rounded portfolio and for career/college preparation)

- *Dance on Film* – Director and Choreographer (final project for senior year)
- Choreographing a Cultural Dance (capstone project for junior year)
- Tutoring/Teaching Experience (20 hrs recommended)
- Student Internship/Work experience/volunteering in community – health/dance related (20 hrs recommended)