

# Dance Class Make-Up Work Instructions

If you are absent, you may make up the absence by participating in make-up classes, doing written observations from workshops/rehearsals, and/or by writing written reports on dance-related topics or school functions on campus:

1. Participate in an after-school Pilates class (every Monday right after school for an hour and fifteen minutes. On collab days, Pilates will be from 1:30-2:45 p.m.). Wear dance clothes and be ready to get a great conditioning workout with our Certified Pilates Instructor, Roxanna!
2. If you have an open period, you may take any of my other dance classes during the day for make-up credit (Beginning – 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup> periods, Intermediate – 6<sup>th</sup> period, Advanced – 7<sup>th</sup> period).
3. Observe an after-school rehearsal and take detailed observation notes in your dance journal. We have Pointe rehearsal every Monday from 3:00-4:00 and Tap rehearsal every Monday from 4:00-5:00 p.m. Advanced Dance rehearsals every Tuesday and Thursday after school until 5:00 p.m. and Intermediate Dance on Wednesdays 2:40-5:00 p.m. Starting second quarter, we will also have Beginning II rehearsals on Fridays from 2:40-5:00. We have performance rehearsals on several weekends as well. See our online calendar at [www.nevadauniondance.com](http://www.nevadauniondance.com) for our schedule.
4. Research a dance-related subject (any dance topic of your choice). This could be a dance article, a video clip, etc. that you find in the library, on the internet (look for good sources!), or from a dance magazine/book in class (just see me to get a copy of the article you want to review). Then, write a one page handwritten or typed report on what you learned, summarizing the research you did and explaining what you found interesting/relevant to your dance training. I care about your opinion, so please remember to include your reactions/observations/thoughts on what you learned. How is it going to help you be a better dancer?
5. Attend a dance performance or attend any school event on campus. Attach your ticket stub to a one page reaction paper. Describe the performance/event and explain what you found interesting.

**You will receive 7 out of 10 points for written work, or 10 out of 10 points for physical participation make up work.** Please note (from our course syllabus): Since this is a physical participation class, you can only make up **five** days per quarter with written work. If you have more than five absences in a quarter, you must make up your absences through physical participation. If you have a serious illness with a projected long-term recovery period (broken bone, chicken pox, pneumonia, etc.), see me for an accommodated participation plan.