

San Francisco/Berkeley Dance Field Trip

October 11 & 12, 2017

Teacher Contact Information: Courtney Wadman (email preferred cwadman@njuhsd.com)
Emergency cell phone (530) 575-6115

Capacity:

31 Dance Students: **\$210.00** cost per student (includes costs for 1-night in hotel with complimentary breakfast, transportation via school bus, ticket to ODC's performance of *Boulders and Bones* at UC Berkeley, and class admission at ODC's dance studio – 4 classes offered at 10am, and snacks/drinks during the trip provided. Bring additional spending money for lunches/dinner)

6 females and 1 male Parent Chaperones (no charges to parent chaperones)

Itinerary:

Wednesday, October 11th

8:30 a.m. Load School Bus at Don Baggett Theatre parking lot at Nevada Union High School, 11761 Ridge Road, Grass Valley, CA 95945

8:45 a.m. Depart for Alonzo King Lines Ballet at 7th Street #5, San Francisco, CA 94103 (144 miles)

- Approx. 10:30 a.m. Stop for bathroom break at Starbucks at the Nut Tree area - 1630 E Monte Vista Ave Unit 101, Vacaville, CA 95688

12:00 p.m. Arrive at Alonzo King Lines Ballet for tour of facilities, overview of program, and observations

2:00 p.m. Load Bus to drive to Embassy Suites Hotel at 1345 Treat Blvd., Walnut Creek, CA 94597 (25.8 miles)

2:45 p.m. Check-In at Hotel, swim/relax/get dressed up for dinner and performance

5:45 p.m. Load Bus and Travel to Cal Performances at UC Berkeley, 101 Zellerbach Hall, #4800, Berkeley, CA 94720 (16.9 miles). (Eat dinner on campus)

8:00 p.m. ODC Performance at Cal Berkeley: *Boulders and Bones*

9:45 p.m. Load Bus and Travel back to Hotel at Embassy Suites (16.9 miles)

Thursday, October 12th

8:00 a.m. Load Bus – travel to ODC Dance Commons for Dance Class at 351 Shotwell St, San Francisco, CA 94110 (class from 10:00am to 11:45am)

11:45 a.m. Travel to Pier 39 (The Embarcadero & Stockton Street) for Lunch and walking (5.3 miles)

2:30 p.m. Load Bus and Return to Nevada Union High School (146 miles)

5:30 to 6:00 p.m. Arrive back to N.U.

\$50 deposit (minimum) due by Friday, September 8th

Remaining Balance of \$160 due by Friday, October 6th (must pay for trip in full prior to departure). Make Checks Payable to Nevada Union Theatrical Dance (or N.U.T.D.)

San Francisco/Berkeley Dance Field Trip Details

The trip will begin on Wednesday, October 11th at 8:30 a.m. and last through Thursday, October 12th, arriving home around 5:30 p.m. or 6:00 p.m. (depending on traffic). We will be traveling to San Francisco, California to visit LINES Ballet's BFA program/company for class observations and a facilities tour. We will also visit UC Berkeley to view a professional dance performance by ODC called *Boulders and Bones*. Lastly, we will take a pre-professional dance class at ODC Dance Commons.

The purpose of this trip is to fulfill Strand 5 of the California Department of Education's Advanced Dance Standards, to "Determine the appropriate training, experience, and education needed to pursue a variety of dance and dance-related careers." Students will have the opportunity to view facilities, meet faculty and college dance students, and tour the campuses of each college/university. They will also have the opportunity to watch professional dancers in performances and experience a pre-professional class. Furthermore, this trip will provide meaningful team bonding and collaboration for the students of the Theatrical Dance program at Nevada Union. Clearly, this trip also fulfills our Schoolwide Learning Outcome #5: "Display responsible citizenship by being involved in the community and understanding diverse cultures."

There will be 7 parent chaperones and 31 dance students attending the trip. Each parent chaperone will be assigned to 4 or 5 students. It will be the students' responsibility to check in with and address concerns to their assigned parent chaperone. Students, chaperones, and teachers will be transported by Durham School Bus.

We will be staying at the Embassy Suites in Walnut Creek. It offers a large complimentary breakfast, fitness center, pool and hot tub. Students and parent chaperones can bring a bathing suit if interested. Free High Speed Internet is available at the hotel.

Students will be staying in a suite with 3 double sized beds (2 students per bed). We have one boy attending who will be staying in a room with a male chaperone, so room assignments are gender-specific.

The trip will cost \$210.00 per student, which includes admission to the dance performance, admission to the dance master class, hotel expenses, and transportation costs. There will be snacks and drinks provided and available to the students on the bus and at the hotel. Students will need to bring additional spending money for lunches and dinner (approx. \$10-\$15 dollars per meal). We will stop for a bathroom break at Starbucks on our way to San Francisco. We will go out to dinner on Wednesday evening at UC Berkeley, before the performance. There is complimentary hot breakfast available at the Embassy Suites. We will eat lunch at Pier 39 on Thursday, where there are several restaurants for students to select. Then we will return home on Thursday afternoon.

If your child has special needs (medications, for example), please notify me about them in advance. This information must be on the consent to treat form, and the Nurse's Office must have this information on file as well. Our certificated staff/field trip advisors are CPR and First Aid certified, and we receive additional training from the Nurse's Office for student medical alerts. Please contact me if you have any questions or concerns. Thanks again for giving your child the opportunity to attend this wonderful event!

Overpackin' Dance Mama Checklist

- Comfortable clothing and supportive walking shoes (school dress code appropriate) for the bus ride and LINES Ballet tour.
- Bathing suit (if you want to swim at the hotel) and slip on shoes
- Dressy outfit for ODC performance (appropriate clothing required – nothing too short/tight/revealing, please)
- Pajamas, socks, underwear
- Sunglasses, Sunscreen, toothbrush/toothpaste, deodorant, any desired toiletries
- Black Leotard with pink convertible tights and pink ballet slippers and hair in a bun (for ballet class). For all other styles, any color leotard with tights/leggings and appropriate shoes or socks for the style of dance you are taking.
- Comfortable clothing and supportive walking shoes for Pier 39 lunch and bus ride home (school dress code appropriate)
- Money for lunches/dinners/souvenirs
- Pillow and blanket for the long bus ride
- Camera/Videocamera/Cell Phone
- Photo ID (Driver's License/ID card)
- Any additional items of choice: _____

Snacks and Drinks for the San Francisco Trip

A large, hot breakfast will be complimentary at the hotel, but students will need to bring spending money for lunches and dinner, as well as any additional items/souvenirs they may wish to purchase. Students should plan on bringing \$10-\$15 per meal.

One of our parent chaperones has volunteered to shop for food and drinks so that we have organized coolers and food containers. This will provide students with snacks and drinks to enjoy on the bus and at the hotel. Since students may have dietary restrictions or preferences, we have included a short survey below for wanted/desired treats.

Student Name: _____

1. Favorite snacks/treats you would enjoy:

2. Preferred drinks (no soda, please):

3. Dietary Restrictions or Preferences – please list any allergies or foods you can't or won't eat on the trip:

*Return this form to Mrs. Wadman by **Friday, October 6th**. Thank you! 😊*