



NEVADA UNION
HIGH SCHOOL



Theatrical Dance Academy

Community Dance Classes for Kids

(January 7 - May 20, 2019)

Class	Age	Day	Time	Instructor
Pre-Ballet	Ages 4-6	Mondays	4:30-5:15 p.m.	Catrina Choate-Heretoiu
Kids Dance	Ages 7-10	Mondays	5:15-6:00 p.m.	Gaby Blaney
Contemporary	Ages 10-16	Mondays	6:00-7:00 p.m.	Gaby Blaney

About the Classes

Pre Ballet will introduce young dancers to the fundamentals of a classical ballet curriculum. This class is 45 minutes in length, taught by Catrina Choate-Heretoiu. Ms. Choate-Heretoiu trained at the School of American Ballet and performed professionally with Miami City Ballet. She has a Masters of Fine Arts Degree in Dance and is certified in the Feldenkrais Method.

Kids Dance will combine elements of jazz dance, acro/tumbling, and hip hop exercises as well as choreography. This 45 minute class is taught by Gaby Blaney, the Assistant Director of Dance at Nevada Union High School. Ms. Blaney received her BA in Dance from UC Irvine and danced professionally in New York City for six years.

Contemporary (2 years of previous dance training required) - This class gives middle school dancers an opportunity to dance with the high school program. Classes will be at an intermediate skill level and will include warm ups, across the floor, and combinations emphasizing musicality, flexibility, and strength.

Advanced dancers from the N.U. program will assist with all classes

To Enroll

Drop off your completed forms or mail them to:

Nevada Union High School
Attn: Dance Studio
11761 Ridge Road
Grass Valley, CA 95945

Call the Dance Department at (530) 273-4431 ext. 2103 or email us at cwadman@njuhsd.com

Visit our Website: www.nevadauniondance.com

Monthly Tuition

\$30 for 3 classes in January (January 7, 14, and 28 - no class on January 21 - Martin Luther King Holiday)

\$30 for 3 classes in February (February 4, 11, and 25 - no class on February 18 - President's Day Holiday)

\$40 for 4 classes in March (March 4, 11, 18 and 25)

\$40 for 4 classes in April (April 1, 8, 22, and 29 - no class on April 15 - Spring Break)

\$30 for 3 classes in May (May 6, 13, and 20 - no class on May 27 - Memorial Day Holiday)

Make checks payable to Nevada Union Theatrical Dance, due on the 1st class of each month.

Your monthly tuition supports our non-profit dance program to provide master classes from professional dance teachers and guest choreographers from across the country, and it will help students to attend field trips, to purchase costumes and production supplies, and more!

Dress Code

Pre Ballet Class:

- Girls: black leotard, pink tights, pink ballet slippers, hair in a bun
- Boys: white tee top (or leo), black tights/leggings or bike shorts for summer; white ankle socks; white or black ballet slippers

Kids Dance Class/Contemporary:

- Girls: any color leotard, tights or leggings or bike shorts, socks or jazz shoes, hair secured away from face
- Boys: T-shirt or tank top (or leo), shorts or leggings, socks or jazz shoes, hair secured away from face



**Student Information, Voluntary Activity
Waiver,
Release, and Indemnity Agreement**

- Pre-Ballet Ages 4-6 (Mondays 4:30-5:15 p.m.)**
- Kids Dance Class Ages 7-10 (Mondays 5:15-6:00 p.m.)**
- Intermediate Contemporary Ages 10-16 (Mondays 6:00-7:00 p.m.)**

Student's Name: _____ Student's Age: _____

Parent/Guardian Names: _____

Mailing Address: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Emergency Contact Name: _____ Emergency Phone: _____

Please list any physical/health/special needs the student has that might impact her/his participation:

The undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage, or wrongful death occurring to him/herself arising as a result of engaging in or receiving instructions in said activity or activities incidental thereto wherever or however the same may occur and continue, and the undersigned does for him/herself, his/her heirs, executors, administrators, and assigns hereby release, waive, discharge, and relinquish any action or causes of action which may hereafter arise for him/herself or his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute, present any claim for personal injury, property damage or wrongful death against the Nevada Joint Union High School District or any of its officers, agents, or employees for any of said causes of action, whether the same shall arise by the negligence of any said persons, or otherwise.

IT IS THE INTENTION OF [PARTICIPANT] BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE NEVADA JOINT UNION HIGH SCHOOL DISTRICT FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY NEGLIGENCE.

The undersigned, for him/herself, his/her heirs, executors, administrators or assigns, agrees that in the event any claim for personal injury, property damage or wrongful death shall be prosecuted against Nevada Joint Union High School District he/she shall indemnify and save harmless the same Nevada Joint Union High School District from any and all claims or causes of action by whomever or wherever made or presented for personal injuries, property damage or wrongful death.

The undersigned acknowledges that he/she has read the foregoing Waiver of Liability Notice and the foregoing three (3) paragraphs, has been fully and completely advised of the potential dangers incidental to engaging in the activity and instructing of activity, and is fully aware of the legal consequences of signing this instrument.

(FOR USE BY PARENT OR GUARDIAN OF PARTICIPANT UNDER AGE 18): I represent that I am a parent/legal guardian of the minor named above and I agree that the liability waiver and policies acknowledgement contained therein binds me and said minor to all terms thereof.

SIGNATURE OF PARENT/GUARDIAN: _____ **DATE:** _____

